

BEVERAGES

	SERVING SIZE	CALORIES (CAL)	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	PROTEIN (G)	CARBOHYDRATES (G)	TOTAL DIETARY FIBER (G)	SUGAR (G)	SODIUM (MG)	WHEAT	SOY	EGG	MILK	TREENUTS	FISH	GLUTEN	BARLEY	CELERY		
Barq's Root Beer	12 fl oz.	150	0	0	0	0	0	40	0	40	70											
Barq's Root Beer	18 fl oz.	220	0	0	0	0	0	60	0	60	105											
Barq's Root Beer	30 fl oz.	400	0	0	0	0	0	101	0	101	170											
Cherry Coca-Cola	12 fl oz.	150	0	0	0	0	0	42	0	42	40											
Cherry Coca-Cola	18 fl oz.	230	0	0	0	0	0	63	0	63	60											
Cherry Coca-Cola	30 fl oz.	420	0	0	0	0	0	105	0	105	105											
Coca-Cola	12 fl oz.	150	0	0	0	0	0	40	0	40	40											
Coca-Cola	18 fl oz.	220	0	0	0	0	0	60	0	60	60											
Coca-Cola	30 fl oz.	400	0	0	0	0	0	100	0	100	100											
Diet Coke	12 fl oz.	0	0	0	0	0	0	0	0	0	50											
Diet Coke	18 fl oz.	0	0	0	0	0	0	0	0	0	70											
Diet Coke	30 fl oz.	0	0	0	0	0	0	0	0	0	120											
Fanta Orange	12 fl oz.	150	0	0	0	0	0	40	0	40	40											
Fanta Orange	18 fl oz.	220	0	0	0	0	0	60	0	60	60											
Fanta Orange	30 fl oz.	400	0	0	0	0	0	99	0	99	100											
Gold Peak Peach Tea	12 fl oz.	90	0	0	0	0	0	23	0	23	65											
Gold Peak Peach Tea	18 fl oz.	130	0	0	0	0	0	34	0	34	100											
Gold Peak Peach Tea	30 fl oz.	240	0	0	0	0	0	57	0	57	170											
Gold Peak Premium Unsweetened Tea	12 fl oz.	0	0	0	0	0	0	0	0	0	50											
Gold Peak Premium Unsweetened Tea	18 fl oz.	0	0	0	0	0	0	0	0	0	75											
Gold Peak Premium Unsweetened Tea	30 fl oz.	0	0	0	0	0	0	0	0	0	125											
Cicis Brewed Tea (No Ice)	12 fl oz.	0	0	0	0	0	0	0	0	0	0											
Cicis Brewed Tea (No Ice)	18 fl oz.	0	0	0	0	0	0	0	0	0	0											
Cicis Brewed Tea (No Ice)	30 fl oz.	0	0	0	0	0	0	0	0	0	0											
Gold Peak Raspberry Tea	12 fl oz.	90	0	0	0	0	0	23	0	23	65											
Gold Peak Raspberry Tea	18 fl oz.	130	0	0	0	0	0	34	0	34	100											
Gold Peak Raspberry Tea	30 fl oz.	240	0	0	0	0	0	57	0	57	170											
Gold Peak Sweetened Black Tea	12 fl oz.	110	0	0	0	0	0	31	0	31	45											
Gold Peak Sweetened Black Tea	18 fl oz.	170	0	0	0	0	0	47	0	47	70											
Gold Peak Sweetened Black Tea	30 fl oz.	310	0	0	0	0	0	78	0	78	120											
Cicis Brewed Sweet Tea (No Ice)	12 fl oz.	260	0	0	0	0	0	66	0	66	0											
Cicis Brewed Sweet Tea (No Ice)	18 fl oz.	390	0	0	0	0	0	99	0	99	0											
Cicis Brewed Sweet Tea (No Ice)	30 fl oz.	650	0	0	0	0	0	165	0	165	0											
Mello Yello	12 fl oz.	170	0	0	0	0	0	44	0	44	50											
Mello Yello	18 fl oz.	260	0	0	0	0	0	65	0	65	75											
Mello Yello	30 fl oz.	430	0	0	0	0	0	109	0	109	125											
Minute Maid Premium Lemonade	12 fl oz.	140	0	0	0	0	0	36	0	34	100											
Minute Maid Premium Lemonade	18 fl oz.	210	0	0	0	0	0	54	0	52	150											
Minute Maid Premium Lemonade	30 fl oz.	360	0	0	0	0	0	90	0	86	250											
Powerade Mountain Berry Blast	12 fl oz.	90	0	0	0	0	0	22	0	22	110											
Powerade Mountain Berry Blast	18 fl oz.	140	0	0	0	0	0	33	0	33	170											
Powerade Mountain Berry Blast	30 fl oz.	230	0	0	0	0	0	55	0	55	280											
Sprite	12 fl oz.	150	0	0	0	0	0	37	0	37	70											
Sprite	18 fl oz.	220	0	0	0	0	0	56	0	56	105											
Sprite	30 fl oz.	370	0	0	0	0	0	93	0	93	180											
Hawaiian Punch Fruit Juicy Red	12 fl oz.	170	0	0	0	0	0	45	0	44	55											
Hawaiian Punch Fruit Juicy Red	18 fl oz.	260	0	0	0	0	0	68	0	67	80											
Hawaiian Punch Fruit Juicy Red	30 fl oz.	420	0	0	0	0	0	113	0	111	135											
Dr. Pepper Fountain	12 fl oz.	140	0	0	0	0	0	39	0	38	45											
Dr. Pepper Fountain	18 fl oz.	220	0	0	0	0	0	59	0	57	65											
Dr. Pepper Fountain	30 fl oz.	360	0	0	0	0	0	98	0	96	110											
Canada Dry Ginger Ale	12 fl oz.	140	0	0	0	0	0	36	0	35	50											
Canada Dry Ginger Ale	18 fl oz.	200	0	0	0	0	0	54	0	53	75											
Canada Dry Ginger Ale	30 fl oz.	340	0	0	0	0	0	90	0	89	125											
Diet Dr. Pepper	12 fl oz.	0	0	0	0	0	0	0	0	0	70											
Diet Dr. Pepper	18 fl oz.	0	0	0	0	0	0	0	0	0	110											
Diet Dr. Pepper	30 fl oz.	0	0	0	0	0	0	<1g	0	0	180											